



## Request for Proposal – Cleaning Services

**Facility:** Frontera Healthcare Network Fredericksburg Medical Clinic

**Location:** 200 W. Windcrest, Suite 100 Fredericksburg, Texas 78624

**Phone:** (325) 869-5500

### Purpose

Frontera Healthcare Network is seeking qualified cleaning service provider to deliver reliable, high-quality custodial services for the Frontera Medical Clinic in Fredericksburg, Texas.

### Facility Information

The facility space has the following areas:

- Lobby
- Front Desk Station
- Nurses' Station
- 5 Restrooms
- Lab Room
- 9 Exam Rooms
- 2 Behavioral Health Offices
- Breakroom
- Providers' Office

### Cleaning Frequency

The frequency will be **three times a week** and with a **monthly deep** clean on the last Friday of each month.

### Scope of Work Requirements

#### Weekly Cleaning Tasks:

- Remove All Trash and Place in Dumpsters
- Sweep/Vacuum
- Mop
- Wipe Down Desks, Tables, Furniture and Door Knobs
- Wipe Down All Surfaces in Exam Rooms
- Spray Disinfectant in All Areas
- Clean Restroom: Toilet, Sink, & Mirror
- Clean Window and Glass of Dirt/Prints

#### Monthly Cleaning Tasks:

- Wash Out Trash Bins
- Dust and Disinfect Large Equipment
- Wipe Down the Fronts of All Cabinetry
- Detail clean baseboards, corners, vents
- Clean exterior surfaces of appliances
- Cleaning Window Seals
- Includes Weekly Tasks

### Requirements

1. Experience (if any)
2. List of Cleaning Staff (if any)
3. Proposed Pricing by Month
4. Proposed Start Date
5. Physical Capability

### Proposal Submission

The submission should include all the required information listed above (1-4). Frontera Healthcare Network reserves the right to request additional information, negotiate terms, or reject any proposal. Proposals and questions must be submitted to [csaiz@fronterahn.org](mailto:csaiz@fronterahn.org) and [eperez@fronterahn.org](mailto:eperez@fronterahn.org) by **February 20, 2026** titled "Frontera Healthcare Network Fredericksburg Medical Clinic Proposal"