



Request for Proposal – Cleaning Services

Facility: Frontera Healthcare Network Fredericksburg Medical Clinic

Location: 200 W. Windcrest, Suite 100 Fredericksburg, Texas 78624

Phone: (325) 869-5500

Purpose

Frontera Healthcare Network is seeking qualified cleaning service provider to deliver reliable, high-quality custodial services for the Frontera Medical Clinic in Fredericksburg, Texas.

Facility Information

The facility space has the following areas:

- Lobby
- Front Desk Station
- Nurses' Station
- 5 Restrooms
- Lab Room
- 9 Exam Rooms
- 2 Behavioral Health Offices
- Breakroom
- Providers' Office

Cleaning Frequency

The frequency will be three times a week and with a monthly deep clean on the last Friday of each month.

Scope of Work Requirements

Weekly Cleaning Tasks:

- Remove All Trash and Place in Dumpsters
- Sweep/Vacuum
- Mop
- Wipe Down Desks, Tables, Furniture and Door Knobs
- Wipe Down All Surfaces in Exam Rooms
- Spray Disinfectant in All Areas
- Clean Restroom: Toilet, Sink, & Mirror
- Clean Window and Glass of Dirt/Prints

Monthly Cleaning Tasks:

- Wash Out Trash Bins
- Dust and Disinfect Large Equipment
- Wipe Down the Fronts of All Cabinetry
- Detail clean baseboards, corners, vents
- Clean exterior surfaces of appliances
- Cleaning Window Seals
- Includes Weekly Tasks

Requirements

1. Experience (if any)
2. List of Cleaning Staff (if any)
3. Proposed Pricing by Month
4. Proposed Start Date
5. Physical Capability

Proposal Submission

The submission should include all the required information listed above (1-4). Frontera Healthcare Network reserves the right to request additional information, negotiate terms, or reject any proposal. Proposals and questions must be submitted to csaiz@fronterahn.org and eperez@fronterahn.org by **February 20, 2026** titled “Frontera Healthcare Network Fredericksburg Medical Clinic Proposal”