

## **Frontera Healthcare Celebrates Fredericksburg Behavioral Health Open House and Ribbon Cutting**

Fredericksburg, TX — Frontera Healthcare proudly hosted an Open House and Ribbon Cutting for its expanded Behavioral Health Clinic on Wednesday, September 10th. The clinic location was generously provided to Frontera as an in-kind lease by Methodist Hill Country Hospital, enabling the organization to broaden behavioral health services for the Fredericksburg community.

Guests toured the updated space, which was outfitted through the generosity of the Texas Wine Auction Foundation. The clinic now houses a team of four behavioral health professionals, including two Licensed Professional Counselors (LPCs) who also hold Licensed Chemical Dependency Counselor (LCDC) credentials, and two LPC Associates. The space also features a dedicated area for play therapy, allowing for a full range of services for all.

Frontera Behavioral Health provides a wide scope of services, including individual and family counseling, play therapy, substance use counseling, and psychiatric services. Both in-person and virtual sessions are available for patients as young as four years old through adulthood. With this expansion, Frontera is proud to meet growing behavioral health needs and provide critical resources for the community.

The Fredericksburg Chamber of Commerce joined the ribbon cutting, along with officials from Methodist Hill Country Hospital, representatives of the Texas Wine Auction Foundation. The event highlighted the strong community collaboration that made this expansion possible.

Frontera Healthcare extends its heartfelt thanks to all individuals and organizations who contributed to this project. With September recognized as National Suicide Prevention Awareness Month, this expansion comes at a vital time—reminding the community that help and hope are available. The Fredericksburg Behavioral Health Clinic will continue to provide compassionate, high-quality care for those in need, strengthening mental health access for years to come.

For more information, or to make an appointment, visit [www.fronterahn.org](http://www.fronterahn.org)