

Request for Proposal – Cleaning Services

Facility: Frontera Healthcare Network Menard Clinic

Location: 119 Ellis Street, Menard, Texas 76859

Purpose

Frontera Healthcare Network is seeking qualified cleaning service provider to deliver reliable, high-quality custodial services for the Frontera Clinic in Menard, Texas.

Facility Information

The facility space is a roughly 3000 square feet with the following areas:

- Lobby
- Front Desk Station
- Nurses' Station
- 2 Restrooms
- Lab Area
- 3 Exam Rooms
- Behavioral Health Office
- Procedure Room
- Breakroom
- 2 Offices

Cleaning Frequency

The frequency will be **twice a week** and with a **monthly deep** clean on the last Friday of each month.

Scope of Work Requirements

Weekly Cleaning Tasks:

- Remove All Trash and Place in Dumpsters
- Sweep/Vacuum
- Mop
- Wipe Down Desks, Tables, Furniture and Door Knobs
- Wipe Down All Surfaces in Exam Rooms
- Spray Disinfectant in All Areas
- Clean Restroom: Toilet, Sink, & Mirror
- Clean Window and Glass of Dirt/Prints

Monthly Cleaning Tasks:

- Wash Out Trash Bins
- Dust and Disinfect Large Equipment
- Wipe Down the Fronts of All Cabinetry
- Detail Clean Baseboards, Corners, Vents
- Clean Exterior Surfaces of Appliances
- Cleaning Window Seals
- Includes Weekly Tasks

Requirements

1. References
2. List of Cleaning Staff
3. Proposed Pricing by Month
4. Proposed Start Date
5. Physical Capability

Proposal Submission

The submission should include all the required information listed above (1-4). Frontera Healthcare Network reserves the right to request additional information, negotiate terms, or reject any proposal. Proposals and questions must be submitted to csaiz@fronterahn.org and eperez@fronterahn.org by **March 2, 2026** titled "Frontera Healthcare Network Menard Clinic Proposal".